

# Conversations of Hope

## A Group for Survivors of Domestic Violence

Join us for a peer run, skill-building support group.

This group is for people who identify as women,  
who have experienced or are currently experiencing the effects of  
Domestic Violence DV/Intimate Partner Violence IPV

## Mondays 1:00 pm–2:30 pm

This group explores making healthy connections, obtaining local resources and wellness education. If you are seeking support on healthy relationships, self-love, regaining control, finding clarity and hope, we would like to support you on your journey.

This group is a collaboration between



Shasta County  
**Health & Human  
Services Agency**

Behavioral Health and Social Services

&



**KINGS VIEW**

Sunrise Mountain Wellness Center

Questions? Call or Text

Michele Williams (530) 768-4923

Or Josie Englin (530)360-6022

**1300 Hilltop Drive, Suite 200**

**Redding Ca, 96003**

**(in the back of the Bank of America building)**



Shasta County  
**Health & Human  
Services Agency**

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