

SUPPORTING CHILDREN AND YOUTH THROUGH CHALLENGING TIMES AND DIFFICULT BEGINNINGS

A monthly virtual series presented by Ce Eshelman, LMFT, Attachment and Trauma Specialist, and Author

Helping Kids Crush Anxiety



BRINGING SUNSHINE TO DARK CORNERS

Meltdowns, raging, refusing, and opposition from your anxious children got you down? Learn practical approaches to support your children out of the shadows of anxiety into the sunshine of success.

Ce Eshelman, LMFT

presents
this virtual class
on

Wednesday

Sept 6th

2:45 – 5:00pm

No cost to participants.



This live, virtual presentation
is available as a group event
at these locations:

Mt. Shasta
Community Resource Center
109 E. Lake Street, Mt. Shasta

Scott Valley
Family Resource Center
11920 Main Street, Fort Jones

Child care and snacks
will be provided.



Register at: https://www.surveymonkey.com/r/CE_2023-2024

For registration assistance by phone, call 530.918.7222

Ce Eshelman, LMFT, is an Attachment and Trauma Specialist and adoptive mom with a private practice, The Attach Place, in Sacramento. She is the facilitator of *The Love Matters Parenting Society*, an online annual membership for becoming great therapeutic parents while thriving at the same time. ce@attachplace.com



Ce Eshelman, LMFT

