

# Need help with loss of income, benefits, housing, or healthcare issues from COVID-19?



Income

**Job loss, reduced work hours, or primary caregiver?**

You may be eligible for unemployment insurance benefits, paid family leave, or disability benefits.



Benefits

**Help needed with food or expenses?**

New CalFresh (food stamp) rules to increase eligibility, as well as kid school meal pick ups. Can still apply for CalWORKs or General Assistance.



Housing

**Rent increases capped**

State-wide price gouging protections to prevent unfair rent increases, city/county specific eviction and foreclosure protections.



Healthcare

**Right to no charge COVID-19 testing**

Access to medical care, open-enrollment for Covered California, and no-charge testing if it is determined you require COVID-19 testing.

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**LEGAL SERVICES**  
of  
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