

TEHAMA COUNTY HEALTH SERVICES AGENCY



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PUBLIC SERVICE ANNOUNCEMENT

December 18, 2017

California Families Grow Healthy with WIC

WIC is a federally funded nutrition program for Women, Infants, and Children.

You may qualify if you:

- Are pregnant, breastfeeding, or just had a baby; or
- Have a child under age 5; and
- Have a low to medium income; and
- Receive Medi-Cal, CalWORKS (TANF), or CalFresh (Food Stamps) benefits; and
- Live in California

Newly pregnant women, migrant workers, foster families and working families are encouraged to apply.

WIC Provides:

- Breastfeeding Support
- Nutrition Education and Health Information
- Checks for healthy foods (like fruits and vegetables)
- Referrals to medical providers and community services

WIC Income Guidelines Table* (Income Before Taxes)					
Effective July 1, 2017 to June 30, 2018					
Number of persons in Family*	Annual	Monthly	Twice Monthly	Bi-Weekly	Weekly
2	\$30,044	\$2,504	\$1,252	\$1,156	\$578
3	\$37,777	\$3,149	\$1,575	\$1,453	\$727
4	\$45,510	\$3,793	\$1,897	\$1,751	\$876

**Income levels change annually. A pregnant woman counts as 2 persons.
Visit www.wicworks.ca.gov for current information*

Call today if you have children under age 5 or have an infant or are pregnant:

Tehama County WIC – Red Bluff	Tehama County WIC – Corning
1850 Walnut Street, Building H	275 Solano Street
Red Bluff, CA	Corning, CA
Phone: (530) 527-8791	Phone: (530) 527-8791
Toll Free: 1-800-698-4942	Toll Free: 1-800-698-4942



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